Websites Sleeping disorders (in Italian)

Good/acceptable quality

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<https://www.humanitas.it/news/16986-disturbi-del-sonno-cause-conseguenze-rimedi>

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<https://www.gvmnet.it/press-news/news-dalle-strutture/disturbi-del-sonno-quali-sono-e-cosa-fare>

<https://dippsi.psi.uniroma1.it/sites/default/files/sonno%20e%20disturbi%20del%20sonno_0.pdf>

<https://studicognitivi.it/disturbo/insonnia-disturbo-del-sonno/>

<http://www.mondino.it/disturbi-sonno-sintomi-diagnosi-cure-terapie/>

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<https://ondaosservatorio.it/focus/salute-mentale/disturbi-del-sonno/>

<https://www.gavazzeni.it/malattie/patologie-del-sonno/>

<https://www.consultorioantera.it/approfondimenti/disturbi-del-sonno.html>

<https://www.pacinimedicina.it/disturbi-del-sonno-comportamentali-quale-legame/>

<https://www.auxologico.it/centro-medicina-sonno-lombardia>  
<https://www.ospedaleniguarda.it/in-evidenza/leggi/medicina-del-sonno><https://www.hsr.it/strutture/san-raffaele-turro/medicina-sonno-milano><https://www.gavazzeni.it/unita-operative/patologia-del-sonno-ambulatorio/>

<https://www.gavazzeni.it/unita-operative/patologia-del-sonno-ambulatorio/>

mixed quality

<https://www.cure-naturali.it/articoli/rimedi-naturali/fiori-di-bach/fiori-bach-insonnia.html>  
<https://laila.health/i-sintomi/sonno-disturbato/?gclid=EAIaIQobChMIyeuCoJLV7AIVjrh3Ch2ArQANEAAYASAAEgJ2ZfD_BwE&gclsrc=aw.ds>

<https://www.sonnoservice.it/disturbi-del-sonno-2/>

<https://www.biosalus.net/floriterapia/non-si-dorme-i-fiori-di-bach-per-un-sonno-sereno.html>

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<https://guna.com/it/guna-lifestyle/la-primavera-porta-stanchezza-sbalzi-dumore-disturbi-del-sonno-e-fiori-di-bach/>

<https://ifioridibach.com/8-fiori-di-bach-per-dormire-meglio/>

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<https://www.natur.it/blog/floriterapia/i-fiori-di-bach-per-linsonnia/>

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<http://www.fioridibach.it/sintomi_fiori/insonnia_fiori.htm>  
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|  | [Rimedi naturali contro l'insonnia e consigli per dormire bene - ESI srl](https://www.esi.it/it/esi-informa/salute-360-gradi/disturbi-del-sonno/insonnia-rimedi-naturali-e-consigli-per-dormire-bene/)  www.esi.it  Scopri i rimedi naturali contro l'insonnia e i consigli su come utilizzare gli integratori naturali per dormire bene ed essere sempre riposato. |